

- Timetable will run from **Monday 3rd September to Friday 10th December**
- There will be **no classes from 29th October to 5th November** due to school mid term
- To book a class please contact the office on **021-4272733** or email tennis@indigo.ie
- Names will continue to roll over for classes. If you do not wish to continue please contact the office.
- Ray will be unavailable for the first four weeks of class on Monday and Wednesday mornings, Edel will cover these classes.
- Ray will start a ten week Spinning class upon his return on Wednesday 3rd October this class will be priced at €80 for the ten weeks.

Day	Time	Group	Instructor	Cost	Term
Monday	09.15 - 10.15am	Spinning	Ray	€110.00	14 Classes
	10.30 - 11.30am	Toning	Yvonne	€110.00	14 Classes

Tuesday	18.00 - 19.00pm	Toning	Yvonne	€110.00	14 Classes
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Wednesday	09.15 - 10.15am	Spinning	Ray	€110.00	14 Classes
	11.00 - 12.00am	Yoga	Sharon	€155.00	14 Classes
	19.00 -20.00pm	Spinning	Ray	€80.00	10 Classes

Thursday	09.15 –10.15am	Spin & Tone	Edel	€140.00	14 Classes
	10.30 -11.30am	Toning	Yvonne	€110.00	14 Classes

Friday	09.00-10.00am	Pilates	Sharon	€155.00	14 Classes
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