

# Sunday's Well Tennis Event Guide

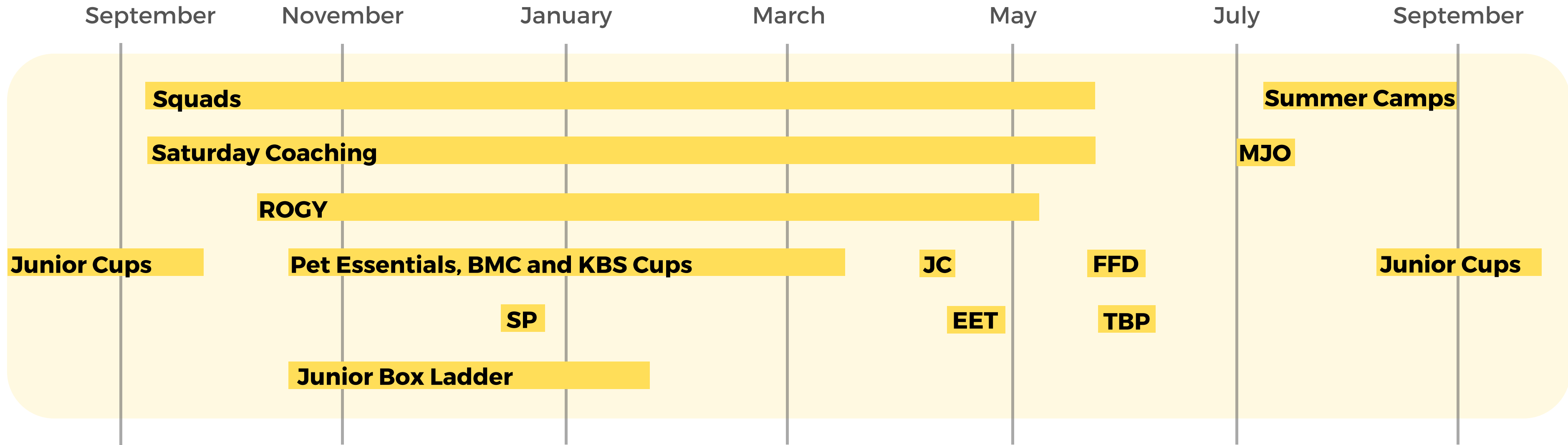
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## TIMELINES & DESCRIPTIONS OF CLUB TENNIS EVENTS

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# Junior & Family Events



# Junior & Family Events

## Summer Camps

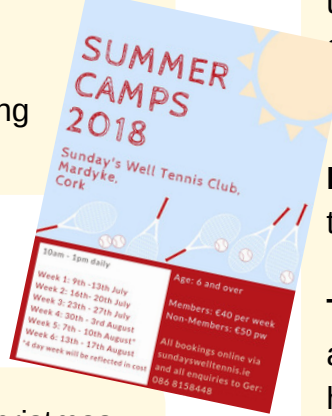
**Date:** July & August

**Ages:** 8+

**Description:** Multisport camps take place from 10am - 1pm daily in the Summer.

**Entry Fee:** €40 per week for members/€50 per week for non-members (2018 prices)

**To sign up:** Contact Coaching Co-ordinator



## Santa Party

**Date:** Last Sunday before Christmas

**Ages:** All ages

**Description:** Fun activities along with a special visitor

**Entry Fee:** €15 per child/€25 per family

**To sign up:** Sign up in advance once advertised



## ROGY

**Date:** Some Saturdays, October - May

**Ages:** 8 - 12

**Description:** ROGY, stands for Red, Orange, Green Yellow and relates to the colour of the ball. Kids progress from a red ball (lightest ball) through the various stages. ROGY events are usually held on Saturday for approximately 2 hours and are open to both members and non-members.

**Entry Fee:** €10 includes a t-shirt/€5 no t-shirt.

**To sign up:** ROGY events are usually advertised about 2 weeks before they happen. Contact the Coaching Co-ordinator



## Saturday Coaching

**Date:** September - June

**Ages:** 5 - 13

**Description:** Fun coaching for beginners and intermediate players.

**Entry Fee:** €65 per term

**To sign up:** Contact the Club office

## Junior Close

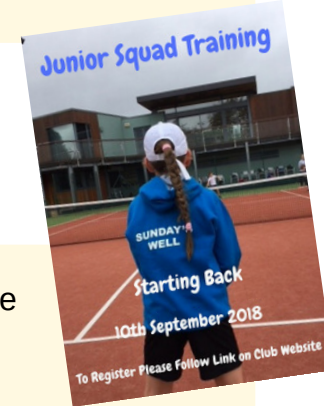
**Date:** April

**Ages:** 8 - 18

**Description:** A 3-day competition with multiple events. It is open only to Sundays Well Members. When players enter singles they are automatically entered into doubles events.

**Entry Fee:** €15 for two events

**To sign up:** The event is usually open for entry about 3 weeks before start. Entry is online via tournament software website. Notices will be put around the club and on Facebook once entry is open.



## Squads

**Date:** September - June

**Ages:** 6 - 18

**Description:** Coaching of different levels, available on weekdays

**Entry Fee:** Varies depending on number of days attended and group.

**To sign up:** Contact Coaching Co-ordinator

## Junior Box Ladder

**Date:** Fridays, November - January

**Ages:** 9 - 17

**Description:** A competitive event where players are put in groups/boxes of approximately 5 players. All players in the same box play each other. Once all matches are played, groups are reshuffled with those that win the box being moved up to next box.

**Entry Fee:** €3 to cover prizes

**To sign up:** Contact Coaching Co-ordinator



## Family Fun Day

**Date:** April

**Ages:** All ages

**Description:** A day of fun multi-sport activities.

**Entry Fee:** €20 per family

**To sign up:** Sign up in advance once advertised

## Easter Egg Tournament

**Date:** Easter Week

**Ages:** 8 - 12

**Description:** A doubles or fun games competition for young players played in one afternoon (players should be able to rally)

**Entry Fee:** €3

**To sign up:** Contact Coaching Co-ordinator

## Teddy Bears' Picnic

**Date:** Afternoon in June

**Ages:** 5 - 8

**Description:** Meet in the club for a picnic in the park and some fun activities.

**Entry Fee:** Free

**To sign up:** No need to sign up, just come along on the day



# Junior & Family Events

## Pet Essentials, BMC & KBS Cups

**Date:** November – April (matches usually set at weekends)

**Ages:** U12, U14, U16, U18

**Description:** Doubles event. Club teams of 4 players are created per age category. In the first round, the team is in a group of approx. 4 Munster clubs. The team plays each of the other clubs both at home and away. The better teams go through to a knockout stage. Each pairing will play 1 match when playing another club.

**Entry Fee:** Free, club pays fee

**To sign up:** Coaches select team from squad players.

## Munster Junior Open

**Date:** Beginning of July

**Ages:** 8 - 18

**Description:** A 7-day competition with multiple events (both singles and doubles). It is open to members and non-members. Social/Fun activities are held in the evenings (example: tag rugby, quiz etc.).

**Entry Fee:** €15 for one event and €27.50 for two events and €40 for three events

**To sign up:** The event is usually open for entry from the beginning of June, entry is online via tournament software website. Notices will be put around the club and on facebook once entry is open.

## Junior Cups

**Date:** Late August - Early October

**Ages:** U12, U14, U16, U18

**Description:** Club teams of 4 players are created per age category. The competition is a knockout format from the outset, so a team must win in order to continue through the competition.

**Entry Fee:** Free, club pays fee

**To sign up:** Coaches select teams from Squad players

## Junior Contacts

**Junior Co-ordinator:**  
Ms Ger Flynn, 086 815 8448  
juniortennis@sundayswell.ie

**Chair, Junior Committee**  
Mrs Mags Kelleher

**Child Protection Officers:**  
Mr Kevin Quirke  
Mrs Judith Kelleher  
Mr Keith O'Leary

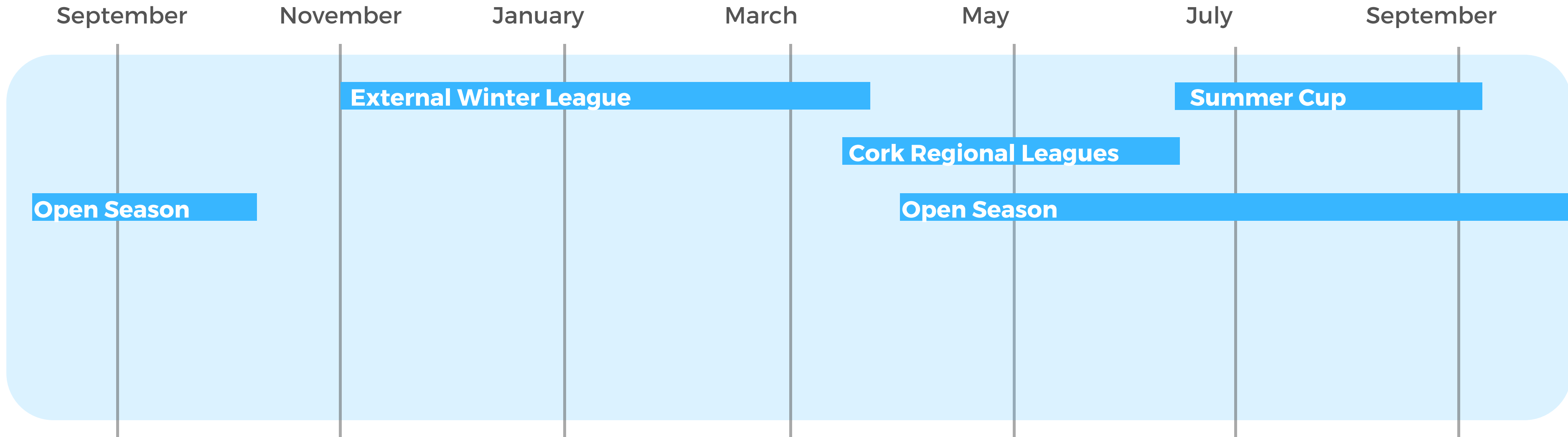
**Club Office:**  
021 4272733  
info@sundayswell.ie

**Secretary/Manager:**  
Mr David Hannam,  
dave@sundayswell.ie

**Club Website**  
www.sundayswell.ie/juniors



# External Competitive Events



## External Competitive Events

### External Winter League

**Date:** November – March (matches usually set at weekends)

**Grades:** All grades welcome

**Description:** Format varies slightly depending on Grade, most grades are doubles events. Club teams of 4 players are created per grade. In the first round, the team is in a group of approx. 4 Munster clubs. The team plays each of the other clubs both at home and away. The top teams go through to a knockout stage. Each pairing will play 2 matches when playing another club.

Players can earn points towards their grading.

When the team plays at home, home players provide a light snack usually in the form of some sandwiches and cakes.

**Entry Fee:** Free, club pays fee

**To sign up:** A sign-up sheet is usually made available in August/September. Teams are then selected by a committee.

### Summer Cup

**Date:** mid-June – September (matches usually set at weekends)

**Grades:** All grades welcome.

**Description:** Format varies slightly depending on Grade, most grades are doubles events. Club teams of 4 players are created per grade. The competition is a knockout format from the outset, so a team must win in order to continue through the competition. Finals are usually held in September.

Players can earn points towards their grading.

When the team plays at home, home players provide a light snack usually in the form of some sandwiches and cakes.

**Entry Fee:** Free, club pays fee

**To sign up:** A sign-up sheet is usually made available in May. Teams are then selected by a committee.

### Open Season

**Date:** April - end of September

**Grades:** All grades welcome

**Description:** From April to September there are a number of Open Weeks held in different clubs around Cork and Munster. Most opens will cater for all grades, some are singles/doubles only while others are a mixture. To play in any open, a player must be officially graded.

Players can earn points towards their grading.

**Entry Fee:** Usually €15 for 1 event and €25 for two events.

**To sign up:** Entry for the opens is online via tournament software website. Tennis Ireland provides a Senior Calendar on their website which lists all the opens and their dates.

### Cork Regional league

**Date:** February – June (matches usually set at weekday evenings)

**Grades:** All grades welcome

**Description:** Mixed Doubles. Club teams of 6 players are created, they combine a variety of grades for example team 1 is made up of 2 players from each Grade 1, Grade 2 and Grade 3. In the first round, the team is in a group of approx. 3 Munster clubs. The team plays each of the other clubs once. The top teams go through to a knockout stage, the final is held at the beginning of June.

Players do not earn points towards their gradings.

When the team plays at home, home players provide a light snack usually in the form of some sandwiches and cakes.

**Entry Fee:** Free, club pays fee

**To sign up:** A sign-up sheet is usually made available in February. Teams are then selected by a committee.

## Tennis Ireland Tournament Software

Tennis Ireland competitions are managed through Tennis Ireland's tournament software. This software will show the schedules and results of official competitions. It can be accessed at

<https://ti.tournamentsoftware.com>

## Gradings

For several of the tennis competitions and events, senior players need to be officially graded. There are 2 steps to being graded:

1. A coach must fill out a form which assigns a grade, this is then sent to Tennis Ireland. (The club office can help with this).

2. You as a player must create a Tennis Ireland Pin number which you can do by registering as a player at

<https://ti.tournamentsoftware.com/>



# Club Competitive Events

September

November

January

March

May

July

September

**Ladies Singles Ladder**

**MSO**

**ISC**

**Mixed Singles Ladder**

**Ladder Cup**

**MVO**

## Club Competitive Events

### Munster Veterans Open

**Date:** End of March/Beginning of April

**Grades:** All grades welcome but players must be over 35.

**Description:** This is a three day competition with multiple events, it is open only to members and non-members and is a ranking competition for Veteran players.

**Entry Fee:** €15 for 1 event and €25 for two events.

**To sign up:** The event is usually open for entry from beginning of March, entry is online via tournament software website. Notices will be added to the notice board and on Facebook once entry is open.

### Insight Senior Close

**Date:** End of September

**Grades:** All grades welcome

**Description:** This is a week-long competition with multiple events (including Singles & Doubles), it is open only to members only. In doubles events you are assigned a partner, there is no option to enter with a partner.

**Entry Fee:** €10 for 1 event and €15 for two events.

**To sign up:** The event is usually open for entry from beginning of September, entry is online via tournament software website. Notices will be added to the notice board and on Facebook once entry is open.

### Munster Senior Open

**Date:** Beginning of June

**Grades:** All grades welcome

**Description:** This is a 10-day open competition with multiple events (including Singles and Doubles), it is open to members and non-members.

Players can earn points towards their grading.

**Entry Fee:** €15 for 1 event and €25 for two events.

**To sign up:** The event is usually open for entry from the beginning of May, entry is online via the tournament software website. Notices will be added to the notice board and on Facebook once entry is open.

### Ladder Cup

**Date:** January to April

**Grades:** All grades welcome

**Description:** Singles. Players play a minimum of 3 matches before a knockout stage begins. Matches are played either in your own time or sometimes specific weekends are allocated for matches.

**Entry Fee:** €15 includes a ticket to the ladder cup dinner which takes place on the Finals day in April.

**To sign up:** The event is usually open for entry in December, instructions will be made available then via notice board or Facebook.

### Mixed Singles Ladder

**Date:** September – December, April - September

**Grades:** All grades welcome

**Description:** Singles. Players have a certain amount of time to play a number of singles matches. Results are submitted and players will move up/down the ladder accordingly.

**Entry Fee:** No fee

**To sign up:** Contact Peter O'Rourke

### Ladies Singles Ladder

**Date:** September – June

**Grades:** All grades welcome

**Description:** Singles. Players have a certain amount of time to play a number of singles matches. Results are submitted and players will move up/down the ladder accordingly.

**Entry Fee:** No fee

**To sign up:** Contact Ger Flynn.



## Tennis Contacts

**Tennis Captain:**  
Mr Donal Johnson  
tenniscaptain@sundayswell.ie

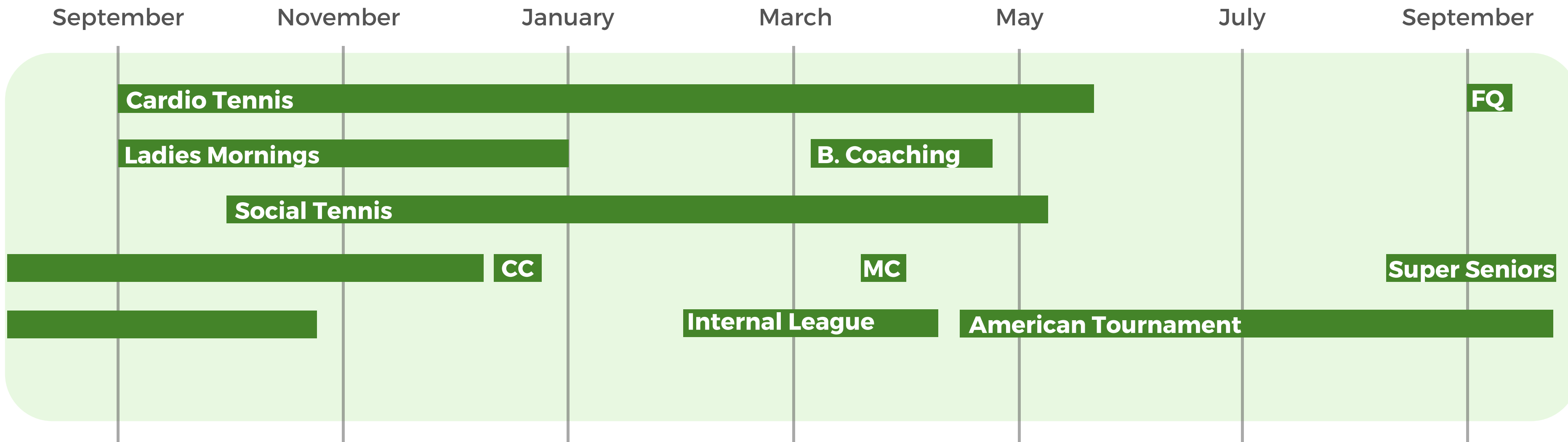
**Club Office:**  
021 4272733  
info@sundayswell.ie

**Secretary/Manager:**  
Mr David Hannam,  
dave@sundayswell.ie

**Club Website**  
www.sundayswell.ie



# Social/Fun Tennis Events



## Social/Fun Tennis Events

### Cardio Tennis

**Date:** September – June (Usually held Fridays 10:00- 11:00am)

**Grades:** All grades welcome

**Description:** Cardio Tennis is a fun group activity for anyone, at any playing level, It is high energy fitness that combines the best features of the sport of tennis with cardiovascular exercise.

**Entry Fee:** €10 per week pay as you go

**To sign up:** Contact Ger Flynn.

### Internal League

**Date:** mid-February – mid April (matches usually set on Friday/weekend evenings)

**Grades:** All grades welcome

**Description:** Doubles. Players are assigned to teams, the teams then play each other through a number of doubles matches. Each evening involves one mens/ladies doubles (two sets) and one mixed doubles (two sets). The top teams will play off for prizes on a finals day.

**Entry Fee:** €10

**To sign up:** A sign-up sheet is usually made available in January. You can find it online on facebook or on the notice board before every round.

### Fionnuala Quigley

**Date:** Varies has been held in both September and June

**Grades:** All grades welcome

**Description:** Mixed Doubles. A fun event held in honour of a past member. This a day-long event for members, non-members can also play if playing with a member. Players can enter with or without a partner. There are a number of trophies to be won.

**Entry Fee:** €20 per pairing, all proceeds go to CRY – Cardiac Risk in the Young

**To sign up:** The event is usually open for entry about a month before, instructions will be made available then via notice board or Facebook.

### Social Tennis

**Date:** Every Friday 7:30pm - 9pm most of the year, April - February

**Grades:** All grades welcome  
**Description:** Doubles. No need to bring a partner, just come along and you will be paired off with another player on the night. Partners will be changed throughout the night. The aim is to meet new players, it is not a competitive event. This activity is particularly suited to newer members.

**Entry Fee:** No fee

**To sign up:** Just come along but players are advised to check with the office if it is running on a given Friday as it sometimes gives priority to other events.

### Christmas Cracker

**Date:** End of December

**Ages:** All grades welcome

**Description:** This is a fun doubles event held at Christmas time. It is a day event.

**Entry Fee:** €5

**To sign up:** The event is usually open for entry around Christmas. It will be advertised on Facebook and on the notice board.

### Ladies Mornings

**Date:** September – June (Usually held Wednesdays 10am-11am and 11am-12pm)

**Grades:** All grades welcome

**Description:** Doubles, Greg Morris organises matchplay and gives tips for playing doubles. A ladies lunch is held at Christmas and in June.

**Entry Fee:** €50 per term

**To sign up:** Contact the office



## Tennis & Social Contacts

**Tennis Captain:**  
Mr Donal Johnson  
tenniscaptain@sundayswell.ie

**Chair, Social Committee**  
Ron O'Mahoney

**Club Office:**  
021 4272733  
info@sundayswell.ie

**Secretary/Manager:**  
Mr David Hannam,  
dave@sundayswell.ie

**Club Website**  
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## Social/Fun Tennis Events

### Mary Collins

**Date:** March

**Grades:** All grades welcome

**Description:** Ladies Doubles. A fun event which is held in honour of a past member. This a day event and non-members are welcome to play. Players can enter with or without a partner. There are a number of trophies to be won.

**Entry Fee:** €20 per pairing, all proceeds go to Cork Cancer Charities

**To sign up:** The event is usually open for entry about a month before, instructions will be made available then via notice board or Facebook.

### Super Seniors

**Date:** 2nd Tuesday of every month between August - December

**Grades:** All grades welcome

**Description:** Mixed Doubles. Players are assigned a mixed doubles partner in a round and must play three matches. They swap partners during the morning so must keep their individual score. Best woman and best man will win a prize on the day and there is final held in December.

**Entry Fee:** €5 per Tuesday

**To sign up:** A sign-up sheet is usually made available about 2 weeks/10 days before. You can usually find it on facebook or on the notice board before every round.

### Beginners Coaching

**Date:** Sundays, March - April

**Grades:** Beginners

**Description:** 1 hour coaching sessions for total beginners. Open to both members and non-members.

**Entry Fee:** €40/€50 per term

**To sign up:** A sign-up sheet is usually made available in advance of new terms. Any questions email [sundayswellcaptain@gmail.com](mailto:sundayswellcaptain@gmail.com)

### American Tournament

**Date:** Last Friday of every month between April - October

**Grades:** All grades welcome

**Description:** Mixed Doubles. Players are assigned a mixed doubles partner in a round and must play three matches. They swap partners during the evening so must keep their individual score. Best woman and best man will win a prize on the night and there is final held in October where top prize in the Cantor Fitzgerald Trophy.

**Entry Fee:** €5 per Friday.

**To sign up:** A sign-up sheet is usually made available about 2 weeks/10 days before. You can usually find it on facebook or on the notice board before every round.

## Tennis & Social Contacts

### Tennis Captain:

Mr Donal Johnson  
[tenniscaptain@sundayswell.ie](mailto:tenniscaptain@sundayswell.ie)

### Chair, Social Committee

Ron O'Mahoney

### Club Office:

021 4272733  
[info@sundayswell.ie](mailto:info@sundayswell.ie)

### Secretary/Manager:

Mr David Hannam,  
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### Club Website

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