**Gym Timetable Term 2 January 2025**

* The timetable will run from **Monday 6th January to Friday 21st March.**
* Classes will run through midterm break but **not on** Bank Holiday Monday on the 3rd Feb and the 17th March.
* **All Term 1 bookings will automatically roll to Term 2.**
* All payments can be made through the office

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| **Day** | **Time** | **Group** | **Instructor** | **Cost** | **Term** |
| **Monday** | **09.15 - 10.15****10.30 - 11.30****19.15 - 20.15****20.15 - 21.15** | **Spinning****Toning****Int/Adv Pilates****Advanced Pilates** | **Amanda****Amanda****Marc****Marc** | **€90.00****€90.00****€108.00****€108.00** | **9 Classes****9 Classes****9 Classes****9 Classes** |
| **Tuesday** | **09.45 - 10.45****10.45 - 11.30****19.00 - 20.30** | **Advanced Pilates****Beginners Pilates****Spin & Tone** | **Marc****Marc****Lisa** | **€132.00****€132.00****€165.00** | **11 Classes****11 Classes****11 Classes** |
| **Wednesday** | **09.15 - 10.15****18.30 - 19.45** | **Spinning****Spin & Weights Toning**  | **Marc****Amanda** | **€110.00****€132.00** | **11 Classes****11 Classes** |
| **Thursday** | **09.15 - 10.00****10.15 – 11.15** | **Beginners Pilates****Int/Adv Pilates** | **Marc****Marc** | **€121.00****€132.00** | **11 Classes****11 Classes** |
| **Friday** | **09.15 – 10.00****10.05 - 11.05****11.15 – 12.30** | **Beg/Int Pilates****Int/Adv Pilates****Spin & Tone**  | **Marc****Marc****Marc** | **€121.00****€132.00****€132.00** | **11 Classes****11 Classes****11 Classes** |