**Gym Timetable Term 2 January 2025**

* The timetable will run from **Monday 6th January to Friday 21st March.**
* Classes will run through midterm break but **not on** Bank Holiday Monday on the 3rd Feb and the 17th March.
* **All Term 1 bookings will automatically roll to Term 2.**
* All payments can be made through the office

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| **Day** | **Time** | **Group** | **Instructor** | **Cost** | **Term** |
| **Monday** | **09.15 - 10.15**  **10.30 - 11.30**  **19.15 - 20.15**  **20.15 - 21.15** | **Spinning**  **Toning**  **Int/Adv Pilates**  **Advanced Pilates** | **Amanda**  **Amanda**  **Marc**  **Marc** | **€90.00**  **€90.00**  **€108.00**  **€108.00** | **9 Classes**  **9 Classes**  **9 Classes**  **9 Classes** |
| **Tuesday** | **09.45 - 10.45**  **10.45 - 11.30**  **19.00 - 20.30** | **Advanced Pilates**  **Beginners Pilates**  **Spin & Tone** | **Marc**  **Marc**  **Lisa** | **€132.00**  **€132.00**  **€165.00** | **11 Classes**  **11 Classes**  **11 Classes** |
| **Wednesday** | **09.15 - 10.15**  **18.30 - 19.45** | **Spinning**  **Spin & Weights Toning** | **Marc**  **Amanda** | **€110.00**  **€132.00** | **11 Classes**  **11 Classes** |
| **Thursday** | **09.15 - 10.00**  **10.15 – 11.15** | **Beginners Pilates**  **Int/Adv Pilates** | **Marc**  **Marc** | **€121.00**  **€132.00** | **11 Classes**  **11 Classes** |
| **Friday** | **09.15 – 10.00**  **10.05 - 11.05**  **11.15 – 12.30** | **Beg/Int Pilates**  **Int/Adv Pilates**  **Spin & Tone** | **Marc**  **Marc**  **Marc** | **€121.00**  **€132.00**  **€132.00** | **11 Classes**  **11 Classes**  **11 Classes** |