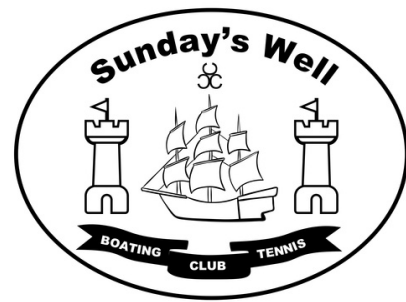


Sunday's Well Club Guide



MEMBER INFORMATION GUIDE



Sunday's Well Boating & Tennis Club Mardyke, Cork

About the Club

Founded in 1899, Sunday's Well Boating & Tennis Club is one of Cork's oldest clubs. The historic clubhouse is second to none, its unique riverside location means that it offers both tranquil riverside views along with a convenient city centre location.

Today, the main sporting activities include Tennis, Squash and Snooker and the club offers a range of social and top class competitive activities that caters for all ages and levels from Juniors to Veterans. It is also home to several national players in both tennis and squash.

Opening Hours

Office Hours:

- Monday-Friday: 9:30 am - 1pm, 2pm - 5:30 pm

Changing Rooms, Courts & Gym Hours:

- Monday-Saturday: 7:30 am – 11:00 pm
- Sunday: 8:00 am – 10:00 pm

Bar

- Monday-Friday: 9:00 am – 2:30pm, 5:30pm - 11:00 pm
- Saturday & Sunday: 8:30 am – 10:00 pm

Key Contacts

- Club Chairperson: Mr. David Carroll
- Tennis Captain: Ms. Claire O'Riordan Murray
- Squash Captain: Mr. Damian Stafford-Shaw
- Snooker Captain: Mr. Martin Hurley
- Secretary/Manager: Mr. David Hannam
- Coaching Co-ordinator: Ms. Ger Flynn

Child Protection Officers:

- Mr Clive Kerrisk (CPO)
- Mrs Carol Anne O'Shea (CPO)
- Ms Kalene Kenefick(DLP)

- General queries including functions - info@sundayswell.ie | 021 4272733
- Tennis queries - tenniscaptain@sundayswell.ie | 086 867 4525
- Coaching queries (tennis, squash, adult or junior) - juniortennis@sundayswell.ie | 086 815 8448
- Squash queries - squashcaptain@sundayswell.ie



Facilities

All adult members have access to the following facilities

- 8 floodlit tennis courts with online booking facility.
- 2 international level squash courts.
- An old world snooker room with two snooker tables.
- A bar and clubhouse in a tranquil, city centre location which includes an option to host private functions.
- Gym, with a suite of fitness classes and personal training option.

Membership System

Members have access to a membership system which includes a booking facility. Tennis, Squash, Snooker, and the Gym can all be booked through the system. There is a €2 fee for booking tennis courts. Membership fees can also be paid online through the online membership system.

A number of help guides on how to use the membership system are available on the [club website](#).

Lights

Tennis, Squash and Snooker all require lights. Lights for Tennis and Squash are turned on using the membership card at lightboxes. Those for tennis are near the water fountain while lights for squash are next to the squash courts. Snooker lights can be turned on by request at the bar. There is a fee for tennis lights, while indoor lights are free.

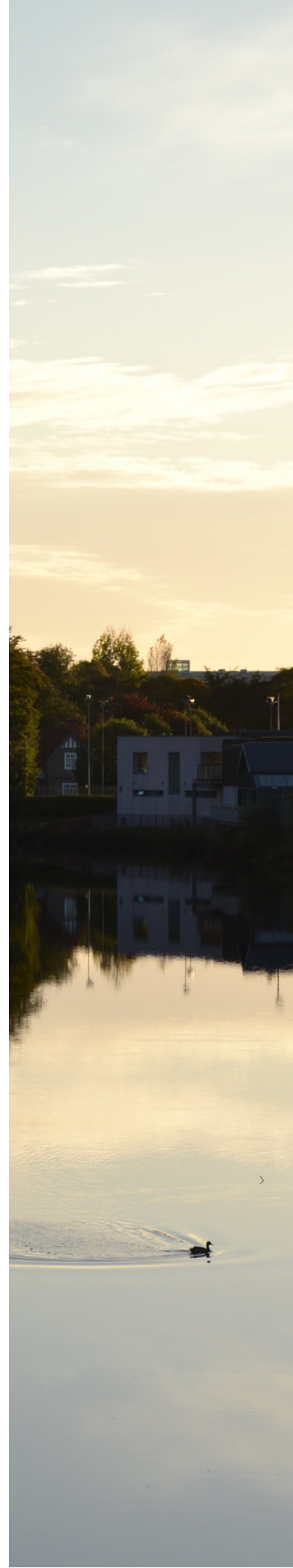
Bar

The clubhouse includes a bar and lounge area along with a conservatory and outside patio which provide a stunning view of the river. A full bar service is available on a daily basis per below and members are entitled to host private functions at no additional cost, more information is given on functions below.

The bar also sells a number of sporting items, such as tennis/squash balls and racket grips.

Opening hours:

- Monday-Friday: 9:00 am – 2:30pm, 5:30pm - 11:00 pm
- Saturday & Sunday: 8:30 am – 10:00 pm



Functions

All adult members are entitled to use the clubhouse to host private functions at no additional cost. The FAQ below answers questions relating to the use of club, if your question is not answered, please do not hesitate to email the club office.

How do I book the clubhouse for a function?

If you wish to book the clubhouse, you should get in touch with the club office at 021 4272733. The office is open Monday to Friday from 09:30am to 5:30pm. They will be able to assist you with any queries you may have regarding your party plans.

Can I book the clubhouse for any time of the day?

Yes, you can book the club for any time day or night as per normal licensed premises hours and any day of the week as long as there is no other event in the club already due to take place, you can check what dates are free by checking our events page.

What type of functions can I use the clubhouse for?

The club facilities are suitable for our members to enjoy a range of functions from Birthdays, Confirmations, Communion, and private dinners to family gatherings such as Christenings or Weddings (including the ceremony).

Can guests use the car park?

Yes, those attending functions can be given access to the car park. The car park facilitates 65 cars.

What is the maximum capacity for a function?

The club can hold up to approx

- 90 for a full sit-down meal,
- 100-110 for finger food or a BBQ,
- 90-100 for Buffet.

Numbers will vary depending on table plans.

Do I need to arrange bar/waiting staff?

The club has its own bar staff, waiting staff are supplied by the chosen catering company.

Can I organise a wine/Champagne reception?

Yes, a full wine list with prices is available from the Club office.

Can I organise for food to be served during the function?

Yes, the club can offer basic finger food such as sausages and chips etc. Alternatively, you can arrange for a caterer to come and prepare the food in the fully equipped kitchen. The club keeps a list of recommended caterers that are all HACCP certified and that are familiar with the club. Should you wish to provide your own caterer (not listed) this is possible also, the only prerequisite is that the caterer must be HACCP certified.



Club Discount List

Club members entitled to discounts with a number of businesses. In order to avail of discounts, members may need to show their club card or use a specific discount code, the exact instructions and details for each discount can be obtained by going to the club website.

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- Bare Foot Physio : 10% discount
- Brooke Inn Bar & Restaurant: 10% discount
- Mizenhead: 10% discount on Mizenhead.com (includes brands such as North Face, Timberland and Vans).
- Keanes Jewellers: 10% off Jewellery and rings, 5% off watches excluding Patek Philippe and Rolex.
- Rebel Blinds: 20% off any range.

Sponsorship Opportunities

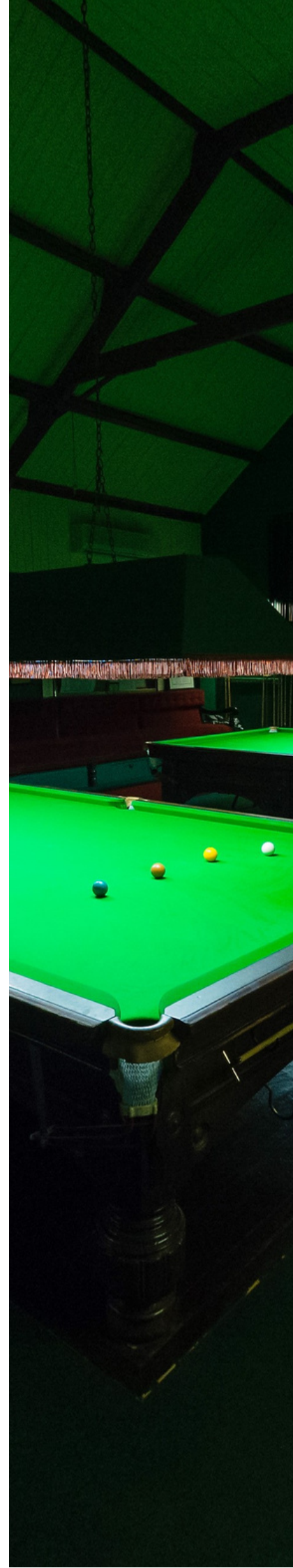
The club very much welcomes sponsorship and offers a range of sponsorship and support opportunities, sponsors can choose to be associated with

- Tournament Sponsorship (e.g: Munster Senior Open)
- Court Sponsorship (Tennis or Squash)
- Event Sponsorship
- Friends of Sunday's Well Board
- Club Discount List

If you would like to get involved with sponsoring an event or court and would like further information please get in touch with the office by phoning 021 4272733 or emailing dave@sundayswell.ie

Gym & Fitness

Members have free access to a gym and fitness studio, located in the modern section of the clubhouse, upstairs from the changing rooms. The club offers a [fitness class timetable](#) and it is also possible for members to organise personal training, by contacting one of the gym instructors whose details are available through the club office.



Tennis

The club welcomes all levels and ages of tennis players. The club offers a mix of social and competitive events to suit. It has a very active junior scene that also boasts a large array of events. The event guide later in this document outlines the tennis activities that take place in the club during the year.

If you wish to find out more about tennis activities in the club please do not hesitate to contact the current Tennis Captain at tenniscaptain@sundayswell.ie

Squash

The club has active squash club, it has two international standard squash courts which include a viewing area. Every year, Sunday's Well teams participate across Munster Leagues, hosts the Neilly Sull Open and there are also. An internal ladder exists and a number of our members playing on Inter-provincial and Irish Teams.

In recent times, group coaching for both adult and juniors has also been introduced. Further information on this can be obtained by contacting the [Coaching Coordinator, Ger Flynn](#).

It is important to note that any member using the squash courts must wear non-marking shoes and junior squash players must wear squash goggles.

If you wish to find out more about Squash activities in the club please do not hesitate to contact the current Squash Captain at squashcaptain@sundayswell.ie and they will be able to add you to a squash whatsapp notification group.

Snooker

The Snooker room is a wonderful social haven for players of all ages and hosts regular social events including a club night on Thursdays and seasonal events like the Christmas 1 ball. More competitive singles and doubles tournaments are played throughout the year such as the famous Snooker Handicap Championship which dates back to 1928.

If you have any queries about the Snooker activities on offer in the club please do not hesitate to contact the current Snooker Captain, details available from the club office and they will add you to the Snooker whatsapp notification group.



Social Events

In addition to numerous sporting events, the club social committee regularly organises social events such as table quizzes, gin and beer night, wimbledon tea party etc... The best way to keep up to date with these is to keep an eye on noticeboards, website and social media.

Getting Involved

The club is run by a number of voluntary committees, the key ones are:

- General Committee
- Tennis Committee
- Squash Committee
- Snooker Committee
- Junior Committee
- Social Committee

In addition to these, there are a number project groups such as a group that looks at maintaining club archives, a gardening group etc.. We are always looking for new people to volunteer or join the committees/groups. Being involved with these is a great way of meeting people. If you would like to give some time to the club, the club office or relevant captain will be able to direct you to the relevant person.

Staying Informed

The Tennis Captain sends a monthly email that gives an update on recent and upcoming events. If you do not receive these emails, you should contact the club office.

While the email is sent by the Tennis Captain, it does sometimes include non-tennis information. In addition to this, both Snooker and Squash use whatsapp groups as a way to keep their members informed. Should you wish to join either of these you should contact the Captain in question. Finally, to keep informed of Junior events, keep an eye out for emails from the Coaching Coordinator.

The club website and social media pages will also often post updates on upcoming events.

Links are as follows:

- Facebook: <https://www.facebook.com/sundayswelltennis>
- Instagram: <https://www.instagram.com/sundayswelltennis/>
- Website: <https://sundayswell.ie/>
- Events Page: <https://sundayswell.ie/events>

